



Brook Meadows Messenger

The Official Publication of the Brook Meadows Homeowner's Association

Volume 4, Number 1

www.brookmeadows.org

January 2009

Social Calendar

JANUARY 27 - LAST TUESDAY
Lupe's @ The Se Corner of 183 and Central

FEBRUARY 24 - LAST TUESDAY
Café Italia On Hwy 26

MARCH 31 - LAST TUESDAY
TBD

APRIL TBD - BMHA ANNUAL GENERAL MEETING
Colleyville Community Center

APRIL TBD - GARAGE SALE
BHMA will take out newspaper ads and post road signs - all you have to do hang balloons on your mailbox and sell sell sell!

APRIL 28 - LAST TUESDAY
TBD

April BHMA Annual General Meeting

It is not that far away and you will want to make the meeting this year. Some of the Agenda topics are already being set.

- Budget Items:
 - bring electrical at entrances up to code
 - holiday decoration installation & storage
- Election of New Directors
- City of Colleyville road and intersection plans for Jackson and Glade

Thanks To Our Neighbors For A Wonderful 2008

What a generous group of neighbors we have. We have heard such nice compliments from many in Brook Meadows about the holiday decorations, landscaping and welcoming social events. Without volunteers none of this would happen. Please take a minute to reach out and tell these folks Thanks for making Brook Meadows a great place to live!

Decorations

Thanks to Carin Prickett and her son Jonathan, Howard Wixson, and Mic Deakin for their donation of time on a Sunday afternoon and giving up watching the Cowboys win.

Thanks to Bill and Nancy Dennis, Shelley Haaker & Brett Flournoy, Joe Sexton & Susan Wilson, Dave & Leslie Napier, Richard & Mary Schreder, Dennis Neil, Rick and Sherry Stephenson, Paul & Sheila Gendron, Samuel & Nancy Carmack, Alan & Barbara Paradis, Mic and Karen Deakin for their donations for new decorations.

Electrical

Thanks to Jim Davis and his company's crew for time, materials and expertise to cobble together enough power to light the entrances. Quite an accomplishment, believe me, as our existing power source and wiring is old, and unstable.

Landscaping

Thanks to Laura Speights, Woody Anderson, Mark Adams and Mitch Milby for the colorful eye catching displays at the entrances.

Social Committee

Thanks to Giselle Sweeny and Brett Flournoy for their planning and good nature.

Welcome Committee

Thanks to Jo Carol Haynes for greeting all of our new neighbors and sharing their profiles with us.

Website

Thanks to Howard Wixson for his countless hours as BMHA Webmaster.

Party And Event Hosts In 2008

Thanks to Walter and Doris Aue for hosting the Spring Party.

Thanks to Doug Geurrie and John Lamb for providing the music of the Grateful Dads.

Thanks to Maureen Cushing for organizing the Halloween Parade.

Thanks to Shelley Haaker for organizing the Garage Sales.

Thanks to Frank and Giselle Sweeney for hosting the Fall Party.

Thanks to Susan Wilson for hosting the Ornament Exchange.

Thanks to Stan Pirzchalshi for hosting the Holiday Model Train Showcase.

Thanks to Amy Anderson for hosting the Holiday Party.

Architectual Review Committee

Thanks to Carol Crosby, Tom Kader and Mary Cornelius for contributing their time and talent to helping our neighborhood stay beautiful.

BC-MRC

Thanks to Phil Andre for acting as the neighborhood liason.

Brook Meadows

Brook Meadows Homeowners Association, Inc.

PO Box 492
Colleyville, TX 76034

Please visit our website often:

www.BrookMeadows.org

2008 - 2009 Board of Directors

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At Large Member - Tom Kader817-354-4248
Newsletter Editor - Shelley Haaker
.....Shelley.Haaker@cexp.com

If you have any ideas to make our newsletter better, please contact the editor. We want your input, ideas, and even your articles.

Advertise to Brook Meadows

You can get information about your service or products to every home in Brook Meadows, by running a business classified in the Brook Meadows Community Newsletter. It is a great way to get your name and contact information to many potential customers in your neighborhood. The cost is \$50 for up to 40 words. Display ads are also available. For more information, please contact Peel, Inc. at 888-687-6444 or advertising@PEELinc.com. The deadline is the 20th of each month for the upcoming month's newsletter.

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Healthier Homes

Submitted by Charlie & Michelle Bubnis

Did you know that dryer sheets, air fresheners, scented laundry soap, scented cleaners and scented body lotion tend to have one thing in common? 95% of the chemicals used in these particular products contain artificial fragrance molecules derived from petroleum which have shown to pose human health risks.

The chemical fragrance industry is virtually unregulated. Full disclosure of the ingredients in their products is not necessary because these ingredients are considered "trade secrets". Because of this in 2005 the Food and Drug administration (FDA) issued a warning to the fragrance industry stating that the agency is serious about enforcing a law requiring companies to inform consumers that their products have not been safety tested.

Several of the common fragrance ingredients found in these products are:

- a) benzyl alcohol – a central nervous system (CNS) depressant.
- b) coumarin – animal carcinogen
- c) p- cymene – chronic effects: damage to lungs, liver, kidneys.
Target organ: CNS
- d) diethyl phthalate – possible risk of congenital malformation of fetus, targets nerves
- e) musk ketone – increases carcinogenic effects of other materials.
Found in blood, fat tissue and breast milk; crosses placenta/ barrier.
- f) toluene – target organs: liver, kidneys, brain and bladder

Using fragrance free products for laundry and personal care products is an educated step towards making the home healthier for the entire family.

Try some of these easy less toxic options:

- Use free and clear laundry detergent
- Wash and dry cotton and synthetic products separately
- Add one half cup of vinegar to the wash cycle as a fabric softener
- Fresh fruit bowls for non-toxic fragrance in the house
- Use baking soda as a deodorizer
- Use fragrance free shampoo, conditioner, lotion and deodorant

Resources for more information:

- Environmental Health Network:
www.ehnca.org
- www.cosmeticdatabase.com
- Less Toxic Alternatives,
Carolyn Gorman,
2001
- Industry MSDS
sheets



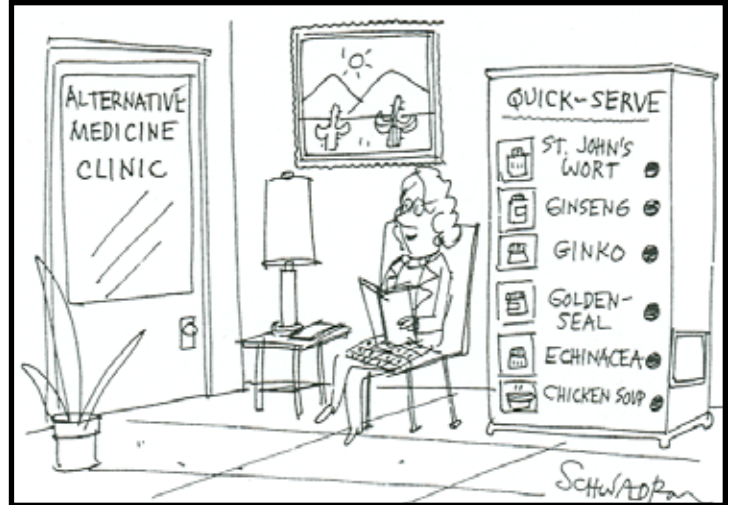
Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

	5		9					
	4		6				3	
7		1		2				
								4
	3	9					5	2
					1			
2		4	7				9	
9	6							
					8	2		5

*Solution at www.PEELinc.com

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Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Brook Meadows residents, limit 30 words, please e-mail Shelley Haaker at Shelley.Haaker@cexp.com

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.

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Texas Events - January

- 8-11, 15-17, 22-25, 29-Feb. 1—DALLAS:** Dallas Symphony Orchestra Morton H. Meyerson Symphony Center. www.dallassymphony.com 214/692-0203
- 9-11, 23-25—BRENHAM:** Birding Adventures Visit privately owned properties and roads between Brenham and Chappell Hill, with the possibility of seeing lark and fox sparrow, red-tailed hawk and more. Reservations by Jan. 2. Murski Homestead B&B. www.murskihomesteadbb.com 877/690-0676
- 9-11, 23-25—STEPHENVILLE:** Chicken House Flea Market Hwy. 377, 2 1/2 miles west of Stephenville. E-mail: allenscrafts@erath.net 254/592-6674
- 10-Feb. 22—ROUND TOP:** The Prism — Breaking Light Focuses on the use of color in oil, watercolor and acrylic paintings; ceramics; glass; textiles; metal and jewelry. The Gallery at Round Top. www.thegalleryatroundtop.com 979/249-4119
- 10-Mar. 8—IRVING:** Behold the People: R.C. Hickman's Photographs of Black Dallas Features a selection of images by Dallas photographer R.C. Hickman, documenting the African-American community in Texas from 1949 to 1961. Irving Arts Center. www.IrvingArtsCenter.com
- 15—FORT WORTH:** Sally Struthers in Nunsense, the 25th Anniversary Tour Bass Performance Hall. www.basshall.com 817/212-4280
- 15—WACO:** David Syme with the Waco Symphony Orchestra Begins at 7:30 p.m. Waco Hall. www.WacoSymphony.com 254/752-0851
- 15-17—COMANCHE:** American Ex-POWs Mid-Winter Convention www.comanchechamber.org 325/356-3233
- 15-18—SEGUIN:** Youth Livestock & Homemakers Show Livestock is judged on Thursday and Friday with the auction on Saturday. No outside vendors. Guadalupe County Fairgrounds. E-mail: cofc@seguintx.org 800/580-7322
- 16—GRAPEVINE:** The Sound of Texas Music Series & Live Variety Shows: Kids Who Care Features a performance of Deep in the Heart. Palace Theatre. 800/457-6338 or 817/410-3185
- 16-17, 23-24, 30-31—GRANBURY:** Granbury Live Nostalgia Concerts Granbury Historic Square. www.granburylive.com 800/989-8240
- 16-18—HALLETTSVILLE:** Antique Tractor Show & Pull Hallettsville Expo Center. www.hallettsville.com 361/798-2662
- 16-18—MCKINNEY:** Third Monday Trade Days www.tmttd.com 972/562-5466
- 16-18, 23-25, 29-31—IRVING:** Sherlock's Last Case Irving Arts Center, Dupree Theater. www.IrvingArtsCenter.com 972/252-ARTS
- 16-Feb. 8—FORT WORTH:** Southwestern Exposition Livestock Show & Rodeo Features the nation's oldest livestock show and daily performances of the world's original indoor rodeo. Will Rogers Memorial Center. www.fwssr.com 817/877-2400
- 17—ATHENS:** Bike Night Begins at 6 p.m. Cripple Creek BBQ, 500 S. Palestine. 903/677-4226
- 17—IRVING:** Le Festival de Musique! Presented by the Las Colinas Symphony Orchestra. Irving Arts Center. www.lascolinassymphony.org 972/252-4800
- 17—LANCASTER:** Martin Luther King Jr. Parade & Battle of the Bands The parade ends at Lancaster High School for the Battle of the Bands. Marching bands from area schools compete. Begins at 11 a.m. www.LancasterMLK.org 972/227-2579
- 17—SEGUIN:** MLK Celebration Coliseum. E-mail: cofc@seguintx.org 830/303-3017, 830/303-3020 or 800/580-7322
- 17—SMITHVILLE:** 14th Annual Smithville Opry Night A professional stage band backs local amateur talent for their renditions of country and western, swing and opry classics. www.smithvilletx.org 512/237-2313
- 17-18—FRISCO:** Texas Amateur Athletic Federation Winter Games Features about 10 sports, plus a Celebration of Athletes. Various venues. www.visitfrisco.com 877/463-7472
- 17-18—PLANO:** 24th Annual Dallas Area Train Show Hours are 10 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. Plano Centre. www.dfwttrainshows.com 972/733-4998 or 817/721-5064
- 17-18—ROUND TOP:** Winter Antiques Show Includes a wide variety of exhibitors with antiques, collectibles and treasures. Big Red Barn. www.roundtoptexasantiques.com 888/273-6426
- 18—INDUSTRY:** Annual Big Three Battle Dance Enjoy entertainment by Central Texas Sounds, Dujka Brothers and The Red Ravens. Hours are 1 to 7 p.m. Industry Fireman's Hall. 979/357-2220
- 18—MOUNT VERNON:** Music of the Masters Experience the greatest classics of the chamber music repertoire. Mount Vernon Music Hall. www.mountvernonmusic.org 903/563-3780
- 18—PLANO:** Whirlin' Winds Concert for families. Courtyard Theatre. www.planosymphony.org 972/473-7262
- 19—GRAND PRAIRIE:** Martin Luther King Jr. Day Parade & Celebration Begins at 10 a.m. in front of David Daniels Elementary. 972/264-7670
- 19—SEGUIN:** MLK Walk The Courthouse Square. E-mail: cofc@seguintx.org 830/303-3017, 830/303-3020 or 800/580-7322
- 20—PALESTINE:** Anderson County Convert Association Presents Jade Simmons Palestine Civic Center. E-mail: ajsaur@aol.com 903/391-0086
- 21-Feb. 22—DALLAS:** In the Beginning Adam and Eve, Cain and Abel, Noah, and many other vivid Biblical characters come to life in a collection of classic short plays. Kalita Humphreys Theater. 214/522-8499
- 22-Feb. 14—PLANO:** The Star-Spangled Girl Cox Building Playhouse and Courtyard Theater. www.roverdramawerks.com
- 23—HALLETTSVILLE:** Wild Game Supper Includes big buck contest and more. Hallettsville Knights of Columbus Hall. www.hallettsville.com 361/798-2662
- 23—MCKINNEY:** Stellanora Janell Cannon's beloved book leaps from the page to the stage in this national touring production. McKinney Performing Arts Center. www.mckinneyperformingartscenter.org 214/544-4630
- 23-25—DENISON:** 26th Annual Snowball Classic This is an adult softball tournament. Culpepper Field. www.denisontexas.us 903/463-5116

(Continued on Page 5)

Brook Meadows

Texas Events - (Continued from Page 4)

- 24—FORT WORTH:** Fort Worth Symphony Presents Kenny Rogers Bass Performance Hall. www.fwsymphony.org 817/665-6000
- 24-25—BELTON:** A Sami Show This is an arts, crafts and home decor marketplace. Bell County Expo Center. www.samishow.com 512/441-7133
- 24-25—WASHINGTON:** Cotton: From Start to Finish Hours are 10 a.m. to 4:30 p.m. Barrington Living History Farm. 936/878-2213
- 25—HALLETTSVILLE:** State Championship Domino Tournament Hallettsville KC Hall. www.hallettsville.com 361/798-2662
- 30—GRAPEVINE:** Zack King Band Palace Theatre. www.GrapevineTexasUSA.com 800/457-6338
- 30-31—IRVING:** An Evening With Donna McKechnie Irving Arts Center, Carpenter Performance Hall. www.IrvingArtsCenter.com 972/252-ARTS
- 30-Feb. 22—FORT WORTH:** The Bluest Eye Jubilee Theatre. www.jubileetheatre.org 817/338-4411
- 31—MANSFIELD:** Winter Walk This walk on the Walnut Creek Linear Park begins at McKnight Park East, extends through Catherine Rose Park and ends at Town Park. www.mansfield-tx.gov 817/804-5785
- 31—MCKINNEY:** McKinney Musical Arts Society Begins at 8 p.m. Heard-Craig Performance Hall. www.mckinneymusicalarts.org

31—MESQUITE: Mesquite Symphony Orchestra Mesquite Arts Center Concert Hall. E-mail: mtemplet@ci.mesquite.tx.us 972/216-8127

31—ROUND TOP: The Synergy Brass Quintet International Festival-Institute at Round Top. www.festivalhill.org 979/249-3129

31-Feb. 1—GRAND PRAIRIE: Vietnamese New Year "TET" Festival Includes a grand opening ceremony, lion dancing, flag presentations, music, Asian entertainment, martial arts exhibitions, cultural foods, arts & crafts, and more. Traders Village. www.tetindfw.com 817/701-2155 or 972/647-2331

31-Feb. 1—WASHINGTON: Butchering & Curing Hours are 10 a.m. to 4:30 p.m. Barrington Living History Farm, Washington-on-the-Brazos State Historic Site. 936/878-2213

31-Feb. 1—WEATHERFORD: First Monday Trade Days 100 Santa Fe Drive. www.weatherfordparks.com 817/598-4124

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Highland Park West Balcones
Jester Estates
Jester Farms
Lake Pointe
Lakewood
Laurel Oaks NA
Legend Oaks II
Long Canyon
Lost Creek
Meadows of Bushy Creek
Pemberton Heights
River Place
Sendera
Shady Hollow
Sonoma
South Lamar NA
Steiner Ranch
Stone Canyon
The Hills of Lakeway
Travis Country West
Twin Creeks
Villages of Westen Oaks
Westcreek
Wood Glen

-- Dallas --

Craig Ranch
Estates of Russell Creek
Hunters Glen
Waterford Parks

-- Fort Worth --

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Woodland Hills

-- San Antonio --

The Dominion

-- Houston --

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Fairfield
Harvest Bend The Village
Lakes of Fairhaven
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Legends Ranch
Longwood
Pine Brook
Riata Ranch
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