



# Brook Meadows Messenger

*The Official Publication of the Brook Meadows Homeowner's Association*

Volume 4, Number 4

[www.brookmeadows.org](http://www.brookmeadows.org)

April 2009

## Report from Special March Homeowners Meeting

Thanks to the 40+ homeowners who attended the special session. The Board appreciates the input, concern and advice of those who attended. Briefly the Board was looking for direction from the homeowners on new legal action threatened by a handful of homeowners. The Board's intent is to keep the Association in tact and eliminate legal fees, so that our neighborhood association can get back to the business of landscape and social events. That was also the overwhelming message from those in attendance. We are happy to report that we believe the differences have been settled with those homeowners who planned legal action and that the Board has purchased insurance to cover any future legal action brought against BMHA. For those who were unable to attend, you can read a recap of the meeting, including the presentation on the BMHA website [www.BrookMeadows.org](http://www.BrookMeadows.org)

## Social Calendar

### **APRIL 20 - BMHA ANNUAL GENERAL MEETING**

Colleyville Community Center

### **APRIL 25 - GARAGE SALE**

BHMA will take out newspaper ads and post road signs - all you have to do hang balloons on your mailbox and sell sell sell!

### **APRIL 28 - LAST TUESDAY**

Amore on check-sparger

### **MAY 26 - LAST TUESDAY**

Flips on hwy 114

### **MAY 15 - COOL CAR-B-Q**

Meet @ 4617 shadycreek, then caravan to destination

### **JUNE 30 - LAST TUESDAY**

Joe's pasta on hwy 26, south of cheek-sparger

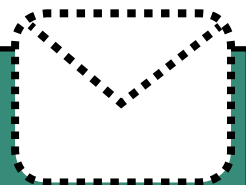


## **BMHA Neighborhood Garage Sale**

Brook Meadow, BMHA will be sponsoring a Neighborhood Garage Sale. Mark your calendars for Saturday April 25. Ads have been placed in the Star Telegram and local papers. **"Neighborhood Garage Sale Sat. April 25, 8 - 2. Multi family, look for balloons. Brook Meadow subdivision, Colleyville, SE corner Glade & Pool Rds"** Signs and balloons will be at the entrances to Brook Meadow, courtesy of your homeowners Association. All you have to do is put a balloon on your mailbox and sell, sell, sell. Get together with a few of your neighbors if you don't have enough "stuff" on your own.

**Saturday, April 25<sup>th</sup>**  
**8 am - 2 pm**

Go Green  
Go Paperless



Sign up to receive *The Brook Meadows Messenger* in your inbox. Visit [PEELinc.com](http://PEELinc.com) for details.

# Brook Meadows

## ASSOCIATION INFO

### Brook Meadows Homeowners Association, Inc.

PO Box 492  
Colleyville, TX 76034

Please visit our website often:  
**www.BrookMeadows.org**

### 2008 - 2009 Board of Directors

President - Mic Deakin ..... 817-399-9885  
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At Large Member - Tom Kader ..... 817-354-4248  
Newsletter Editor  
Shelley Haaker ..... Shelley.Haaker@cexp.com

*If you have any ideas to make our newsletter better, please contact the editor. We want your input, ideas, and even your articles.*

## Cool Car - B - Q !

Thanks to an irresistible weather forecast for Sunday March 7th, we hastily organized our first Cool Car B Q road trip, to Hard Eight BBQ in Coppell. The word got out late, but we still had a smattering of ragtops, cycles, and sunroofs to cruise the back roads toward Grapevine Main St, then over to Hard Eight. This is the first of many.

Rules are this: Get out those cool cars from your garage, wash 'em up, and join us for a short cruise and lunch at some really neat place. The next one is May 15th, location TBA, meet in front of the Flournoy's (4617 Shadycreek) at 1pm. No cool car, no matter, come hitcha ride....



## April 20th Bhma Annual General Meeting

It is not that far away and you will want to make the meeting this year. Some of the Agenda topics are already being set.

- Budget Items:
- bring electrical at entrances up to code
- holiday decoration installation & storage
- Election of New Directors
- City of Colleyville road and intersection plans for Jackson and Glade



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**Our credit card balances are getting higher since they have raised our interest rates. I keep seeing ads for debt settlement companies, do they really work?**

The success rates of these types of companies are very low and here is why. First, they are typically staffed with non-licensed practitioners who are negotiating on your behalf to reduce your debt owed to the credit card companies. Any agreement is non-enforceable and the credit card companies can still sue you as well as continue to file derogatory reports to the credit bureaus. Second, these companies generally take their fees (which can be as high as 33%) off the top and some credit card companies tire of waiting for their portion, so they will charge off the debt and sell it to a third party collection company. This alone will cause your "workout plan" to fail and you may be in worse shape than when you started.

At Ebert Law Offices, we have helped thousands of people get out of debt, which allowed them to rebuild their credit faster and in most cases better than what was prior to filing bankruptcy.

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or visit our website at **www.FtWorthbankruptcy.com**

*The Ebert Law Offices has been serving the DFW community for more than 30 years, and David and Carey have over 39 years of combined experience in the field of Bankruptcy Law*



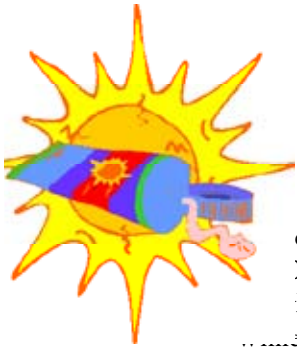
This firm is a debt relief agency as prescribed by the U.S. Bankruptcy Code.  
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### *Don't want to wait for the mail?*

View the current issue of the Brook Meadows  
Newsletter on the 1st day of each month at **www.  
PEELinc.com**

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## Hair Not Enough To Protect Scalp From Sun Danger

*Baylor College of Medicine*

HOUSTON – (March 2, 2009) – Whether your scalp is covered with a full head of hair or not, dermatologists at Baylor College of Medicine in Houston say play it safe when it comes to skin cancer on the scalp.

“The most cases of skin cancer on the scalp are found in balding men, a full head of hair doesn’t mean you are fully protected,” said Dr. Ida Orengo, professor of dermatology at BCM and director of the Mohs Surgery Center at the Baylor Clinic.

Dark thick hair gives more protection compared to blond wispy locks, but some type of extra protection should be used at all times. Drug stores now carry shampoo or leave-in conditioners that include sunscreen, Orengo said.

“The best prevention method is to wear a hat with at least a three-inch brim around the entire head,” she added. “If not a hat, which can be uncomfortable in the heat, then carry an umbrella for shade.”

Treatment for skin cancer on the scalp is the same as treatment for

cancer on any other part of the skin – it must be cut out. Since there is not a lot of extra skin on the scalp, it is more difficult to close a hole left behind after removal, and there is a chance for a bald spot. However, there is a large blood supply found on the head so incisions usually heal well, Orengo said.

The most common forms of skin cancer found on the scalp are basal, squamous and melanoma, which can be deadly.

“Early detection is important, so if you have a regular hair dresser you might want to ask him or her to keep an eye out for any new moles or bumps,” Orengo said. “Most patients say it’s their hair dresser or barber that finds the skin cancer first.”

Those at risk for skin cancer should also have an annual full-body skin check, which includes the scalp.

Orengo cautions that it’s not just the scalp, but also the skin along the hairline and ears that is sometimes forgotten when sun block is applied.

“You have to be diligent,” Orengo said. “Even if you have protection with shade, always wear sun block.”



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# Brook Meadows



## Meet Simon

Simon has a good sense of humor and an overall fun personality. He has a great imagination and loves to tell stories. He likes music, reading, playing games, sports, and fishing

Described as a kind and compassionate kid, Simon interacts very well with his peers and adults. He likes to be a big brother and take care of others. Simon's foster parents and teachers have high praise for Simon, saying he's a "great kid" and they enjoy having him in their lives.

Simon will flourish with a family who is active and keeps him engaged. Simon can benefit from participating in enrichment or mentoring programs that will aid in his educational and personal development.

Please let me know if you would like additional information on this great kid.

*Grace Lindgren, LMSW, Wendy's Wonderful Kids Recruiter  
Adoption Coalition of Texas, 2222 Western Hills, Ste. 101, Austin, Texas 78745  
Phone 512-834-3424/Fax 512-692-2540, [gracelindgren@adopttexas.org](mailto:gracelindgren@adopttexas.org)*



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## Healthier Homes

*By Charles & Michelle Bubnis*

Have you ever walked around the neighborhood and looked at some lawns and thought "I wish my yard looked that good"? Well, here are some tips to get your yard looking great by creating a healthier turf.

Don't use Weed and Feed. 2,4-D the pesticide in most Weed and Feed product is neurotoxic and contains half of the ingredients found in Agent Orange. Studies have shown that lawn chemicals are tracked or drift inside where they remain on surfaces or in the carpet for up to a year when they are not exposed to direct sunlight (little children spend lots of time playing/crawling on carpet). Also, Weed and Feed can actually hurt the health of the lawn by killing beneficial microorganisms, insects and earth worms that maintain a healthy grass.

Instead, consider building up the health of the soil through yearly aeration and organic compost application (ex. Farm Style Compost from Natural Gardener). Corn Gluten can be applied for pre-emergent weed control. Biological controls for insects can be used if necessary such as nematodes to get rid of grubs. Apply annually a slow release nitrogen organic fertilizer as commercial fertilizers frequently contain toxic herbicides such as 2,4-D mentioned earlier.

You are on your way to transitioning to a natural lawn care with these easy steps. If you are looking for or currently have a lawn care service, ask them to adopt these methods. If they wish to use IPM (Integrated Pest Management) be wary because these usually include the use of toxic pesticides.

Within a short time you too will have a robust looking lawn but more importantly, you will know that it truly is healthier and safer for your family too.

### **Resources:**

Natural Gardener 288-6113  
[www.beyondpesticides.org](http://www.beyondpesticides.org)  
[www.grassrootsinfo.org](http://www.grassrootsinfo.org)

**Advertise  
Your Business Here  
888-687-6444**

## Recipe of the Month:



### Fresh Broccoli Salad

#### Ingredients

|   |                        |
|---|------------------------|
| 1 bunch fresh broccoli                        | 6 green onions         |
| ½ lb. fresh mushrooms                         | 1 (2 oz.) jar pimentos |
| 1 green pepper 1 tomatoe                      | Salt & Pepper          |
| 1 cucumber                                    |                        |
| 1 (8 oz.) can water chestnuts (drained)       |                        |
| 1 (8 oz.) bottle Zesty Italian salad dressing |                        |

#### Directions

Chop vegetables. Add salt, pepper, and salad dressing. Chill 8 hours or overnight.

*If you would like to submit YOUR recipe  
email it to [articles@peelinc.com](mailto:articles@peelinc.com).*



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# Brook Meadows



## Texas Events - April

**10-12, 17-19, 23-25—MESQUITE:** Mesquite Community Theater Presents To Gillian on Her 37th Birthday Mesquite Arts Center Black Box Theater. [www.mctweb.org](http://www.mctweb.org) 972/216-8126

**10-12, 24-26—STEPHENVILLE:** Chicken House Flea Market Vendors, offer antiques, crafts and more. Hwy. 377. E-mail: [allenscrafts@erath.net](mailto:allenscrafts@erath.net) 254/592-6674

**11—ANDERSON:** Stagecoach Day Enjoy stagecoach rides, dulcimer music and the cowboy poet. Fanthorp Inn State Historic Site. [www.birthplaceoftexas.com](http://www.birthplaceoftexas.com) 936/873-2633

**11—ELGIN:** Community Easter Egg Hunt Businesses, clubs and individuals hide toys and goodies in the park for four different age groups. Concessions and photos with the Easter bunny available. Elgin Memorial Park. [www.elgintx.com](http://www.elgintx.com) 512/281-5724

**11—EUSTACE:** Easter Egg Hunt Bring Easter baskets and join in. Hunts for three age groups: 0-5, 6-9 and 10-13. Begins at 10 a.m. Purtil Creek State Park. 903/425-2332

**11—EUSTACE:** Interpretive Canoe Tour Reservations required. Purtil Creek State Park. 903/425-2332

**11—FORT WORTH:** Easter Egg Hunt in the Stockyards Enjoy the annual Easter celebration and Texas-Sized Egg Hunt. There will be pictures with the Easter bunny, Easter egg hunt for kids under 1 to 12 years of age, and an educational program with live chicks and bunnies. Stockyards Station. [www.stockyardsstation.com](http://www.stockyardsstation.com) 817/625-9715

**11—PARIS:** Easter in Fair Park Features an Easter egg hunt, Easter bunny, arts & crafts, children's entertainment and more. Paris/Lamar County Fair Grounds. [www.rvfair.org](http://www.rvfair.org) 903/785-7971

**11—PLANO:** Downtown@Sundown — Mammoth Jack Fest Includes music and entertainment. Historic Downtown Plano. [www.visitdowntownplano.com](http://www.visitdowntownplano.com) 972/941-7250

**16—FORT WORTH:** Fort Worth Classic Guitar Society Presents Roman Viazovskiy The Modern Art Museum of Fort Worth. [www.guitarsociety.org](http://www.guitarsociety.org) 817/498-0363

**16-19—FORT WORTH:** MAIN ST. Fort Worth Arts Festival Nine blocks of Fort Worth's historic brick-paved Main Street become a marketplace of food, arts & crafts, and live entertainment. Downtown Fort Worth. [www.sundancesquare.com](http://www.sundancesquare.com) 817/336-2787

**17—ELGIN:** Relay for Life Elgin High School Stadium. [www.elgintx.com](http://www.elgintx.com) 512/285-2752

**17-19—FORT WORTH:** Fort Worth Symphony Orchestra

Presents Songs of Eternity Bass Performance Hall. [www.fwsymphony.org](http://www.fwsymphony.org) 817/665-6000

**17-20—DALLAS:** Austin Junior Volleyball Mizuno Lone Star Classic Dallas Convention Center. 214/939-2700

**17-20—GRANDVIEW:** Antique Alley & 25 Miles of Sales Find antiques, primitives, handmade arts & crafts, entertainment, yard sales and an antique tractor show. [www.antiquealleytexas.com](http://www.antiquealleytexas.com) 817/240-4948

**17-May 9—ENNIS:** Damn Yankees Ennis Public Theatre. [www.visitennis.org](http://www.visitennis.org) 972/878-4748

**18—GRAND PRAIRIE:** Asleep at the Wheel Uptown Theater. [www.UptownTheaterGP.com](http://www.UptownTheaterGP.com) 972/237-8409

**18—MOUNT VERNON:** April Arts Show & Sale Includes oils, watercolors, pottery and more. Cultural Arts Center. [www.franklincountyarts.com](http://www.franklincountyarts.com) 903/537-4365

**18—MOUNT VERNON:** Tour de Cypress Bike Race & Ride Begins at the historic downtown Plaza and continues throughout the county. [www.tourdecypress.com](http://www.tourdecypress.com) 903/537-4365

**18—PLANO:** An Insider's Beethoven Fifth Plano Symphony performs. Begins at 8:15 p.m. St. Andrew UMC. [www.planosymphony.org](http://www.planosymphony.org) 972/473-7262

**18—POINT:** Gospel Nite Cotton Pickin' Theatre. [www.ruralamericans.org/TheatreOutside](http://www.ruralamericans.org/TheatreOutside) 903/598-2571

**18—RICHARDSON:** Be a Sport! A Celebration of Music from America's Favorite Pastimes Presented by Richardson Symphony Orchestra. Eisemann Center for the Performing Arts. [www.richardsonsymphony.org](http://www.richardsonsymphony.org) 972/234-4195

**18—WACO:** Race for the Cure Survivor ceremony begins at 7:30 a.m. One-mile fun run starts at 8:15 a.m. with the 5K run at 8:45 a.m. Downtown Waco, Heritage Square. [www.komencentraltexas.org](http://www.komencentraltexas.org) 254/753-3037

**18-19—FORT WORTH:** Spring D/FW Collector Car Swap Meet Features more than 2,000 spaces filled with hundreds of cars and thousands of parts. Hours are 8 a.m. to 5 p.m. Saturday and 8 a.m. to 2 p.m. Sunday. LaGrave Field. [www.deanearhart.com](http://www.deanearhart.com) 254/751-7958

**18-19—WACO:** Beasts 'n Blooms & Earth Day Too Features spring and summer plants, children's activities, and conservation groups discussing composting and conservation efforts. Advance

*(Continued on Page 7)*





## Texas Events - (Continued from Page 6)

- tickets are available from the Web site. Cameron Park Zoo. [www.cameronparkzoo.com](http://www.cameronparkzoo.com) 254/750-8415
- 18-May 10—DALLAS:** Dallas Roars! Offers four full weekends of musical performances, contests, storytellers, bounce houses, family activities and more. Dallas Zoo. [www.dallasroars.com](http://www.dallasroars.com) 214/670-5656
- 21-26—FORT WORTH:** Casa Manana Presents Driving Miss Daisy Casa Manana Theatre. [www.casamanana.org](http://www.casamanana.org) 817/332-2272
- 23-25—FORT WORTH:** Pink Martini Part of the Fort Worth Symphony Orchestra Pops Series. Bass Performance Hall. 817/665-6000
- 25—ARLINGTON:** Autograph Ink Sports Memorabilia Show Features antiques and sports fan collectibles from all sports. Arlington Convention Center. [www.arlingtoncc.com](http://www.arlingtoncc.com) 817/459-5000
- 25—FORT WORTH:** Cliburn at the Modern Presents An Afternoon with Jake Heggie Modern Art Museum of Fort Worth. [www.cliburn.org](http://www.cliburn.org) 800/462-7979
- 25—ROUND TOP:** James Dick Piano Concert The legendary pianist will perform works by Beethoven, Schumann and more. Festival Concert Hall, 248 Jaster Road. [www.festivalhill.org](http://www.festivalhill.org) 979/249-3129

- 25—WACO:** 29th Annual Waco Coin Show Presented by the Waco Coin Club. Hours are 9 a.m. to 4 p.m. Bellmead Civic Center. E-mail: [trcam\\_51@hotmail.com](mailto:trcam_51@hotmail.com) 254/756-6613
- 25-May 8—FORT WORTH:** Fort Worth Opera Presents Carmen Carmen's hobby is collecting the hearts of men. Don Jose gives up his family, career and reputation for Carmen's amorous charms, but when Carmen becomes bored, Jose's obsession shows its flip side with tragic consequences. Bass Performance Hall. [www.fwopera.org](http://www.fwopera.org) 877/396-7372
- 26-May 1—FORT WORTH:** Fort Worth Opera Presents Cinderella Rossini's Cinderella is based on the well-known fairy tale. Bass Performance Hall. [www.fwopera.org](http://www.fwopera.org) 877/396-7372
- 28-May 3—DALLAS:** Frost/Nixon Looks at how David Frost, a famous British talk-show host, elicited the apology that the rest of the world was waiting to hear from former President Richard Nixon. Majestic Theatre, 1925 Elm St. [www.dallassummermusicals.org](http://www.dallassummermusicals.org) 214/421-5678

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*

## ***Classified Ads***

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**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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