

# Brook Meadows Messenger

*The Official Publication of the Brook Meadows Homeowner's Association*

Volume 4, Number 6

[www.brookmeadows.org](http://www.brookmeadows.org)

June 2009

## Social Calendar

**MAY 26 - LAST TUESDAY**

6:30 pm @ Flips on hwy 114

**JUNE 6 - PATIO PARTY**

7:00 pm @ Bill & Kristy Godfry's home, 4700 Shadycreek

**JULY 28 - LAST TUESDAY**

6:30 pm @ Main Street Taco Bar, 62 Main,  
Village @ Colleyville

**AUGUST 25 - LAST TUESDAY**

6:30 pm @ Location TBD

**SEPTEMBER 29 - LAST TUESDAY**

6:30 pm @ Location TBD

**OCTOBER 27 - LAST TUESDAY**

6:30 pm @ Location TBD

**OCTOBER 31- HALLOWEEN PARADE**

Volunteer Coordinator Needed!

## So SOCIAL, so little time.....

April's Last Tuesday was held on the 28th at Amore's, with a strong turnout in the twenties. Special guests Fred and Annette Panyard (Shelley Haaker's parents) were there, en route from Tucson to Michigan, and they certainly appreciated the Colleyville hospitality. At one long table, we were the noisy bunch, but what can ya say...we're the lighthouseers from Brook Meadows!

### **Cool Car B Q (and burgers apparently)**

A beautiful Sunday May 18th welcomed the 2nd Cool Car B Q - this time to Kincaid's in Southlake. The group was small... but cool, as were the cars and cycles. Good conversation and good food, what else is there?



## Dues & Thank You

Did you know that over 2/3rds of your Annual Dues go toward Landscape, Water and Electric! The remainder covers Holiday Decorations, Welcome New Neighbor

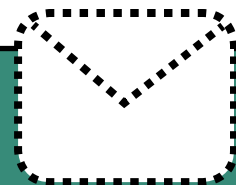
activities, Communications, Yard Sale Ads Accounting Services and for the first year in a while, NOT for Legal Fees. NONE of your Dues go to the Social Activities.

Thank you to the 90+ members who have paid your Dues for this year, by paying on your first notice it save BMHA a second mailing and fees from our Accounting firm. To those of you who have forgotten, lost, thought your spouse paid it or had your notice eaten by the dog, a second notice was mailed to you the week of May 18th. You will have noticed that an annual interest rate of 18% takes effect as of June 1, as dictated by the CC&Rs. Get your payment to the accounting firm or board member by June 30 and no interest will be applied.

*Mail Payments to:*  
**Podsednik & Company, PC,**  
**Certified Public Accountants**  
**350 Westpark Way, Suite 205**  
**Euless, TX 76040**

## Go Green Go Paperless

Sign up to receive *The Brook Meadows Messenger* in your inbox. Visit [PEELinc.com](http://PEELinc.com) for details.



## ASSOCIATION INFO

### Brook Meadows Homeowners Association, Inc.

PO Box 492 • Colleyville, TX 76034

Please visit our website often: [www.BrookMeadows.org](http://www.BrookMeadows.org)

### 2008 - 2009 Board of Directors

President - Ricky Stephenson ..... 817-545-2367  
Vice President - Kevin Haynes..... 817-545-4579  
Treasurer - Paul Plummer..... 817-312-1249  
Secretary - Barb Francis..... 817-545-7102  
At Large Member - Shelley Haaker..... 817-540-1501  
Newsletter Editor  
Shelley Haaker..... [shelley.haaker@staples.com](mailto:shelley.haaker@staples.com)

## NEWSLETTER INFO

### PUBLISHER

Peel, Inc. .... [www.PEELinc.com](http://www.PEELinc.com), 512-263-9181  
Advertising..... [advertising@PEELinc.com](mailto:advertising@PEELinc.com), 512-263-9181

### ADVERTISING INFORMATION

Please support the businesses that advertise in the Brook Meadows Community Newsletter. Their advertising dollars make it possible for all Brook Meadows residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 1-888-687-66444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 20th of each month for the following month's newsletter.

### CLASSIFIED ADS

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Brook Meadows residents, limit 30 words, please e-mail [erc.editor@yahoo.com](mailto:erc.editor@yahoo.com)

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

### DISCLAIMER

At no time will any source be allowed to use the Brook Meadow Community Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Brook Meadow HOA and Peel, Inc. The information in the newsletter is exclusively for the private use of Brook Meadows residents only.

## Healthier Homes

*By: Michelle and Charlie Bubnis*

### Non-toxic Relief from Mosquitoes

That high pitch hum in your ear...summer is here and the mosquitoes have arrived. It's time to take action but let's keep the family protected and safe.

Don't use any mosquito spray that contains DEET (diethyl toluamide). DEET is a very effective insect repellent but not the best choice for the families' health.

DEET is a known neurotoxin, causes kidney and liver damage and has been implicated in birth and developmental defects. "Children in particular are at risk for subtle brain changes caused by chemicals in the environment, because their skin more readily absorbs them, and the chemicals more potently affect their developing nervous systems." <sup>1</sup> The World Health Organization (WHO) states that over 30% of the global burden of disease in children can be attributed to environmental factors, including pesticides.<sup>2</sup>

If the bottle of repellent you are planning to purchase contains DEET the label will say: may damage furniture finishes, watch crystals, leather, painted or varnished surfaces. This is a very harsh chemical that shouldn't be sprayed on the skin.

So what are some other options? Vinegar, either white or apple cider will work. Put it in a salad dressing bottle and sprinkle it on exposed skin. There are also herbal oils that are recommended such as tea tree, cedar, peppermint, citronella, eucalyptus and lemongrass. Mix these oils with cooking oil to dilute prior to putting on the skin.

If you wish to purchase insect repellent BUG OFF <sup>3</sup> from Dr. Mercola is a healthier option. It contains several of the essential oils listed above.

Mosquitoes are attracted to light colored clothing especially yellow. They zero in on fragrances from scented body care products, laundry detergents and scented fabric softeners. The use of unscented fragrance free products decreases the families' neurotoxic exposure but also keeps mosquitoes searching for another meal. Mosquitoes do not like the smell of garlic so by using a product called Mosquito Barrier (a very potent garlic solution) on the lawn, this will repel mosquitoes from the yard.

Check the external home environment. Be sure to empty any standing water around the home because this will provide the mosquitoes with a breeding ground. Consider putting up a bat house. A bat can eat approximately 600 mosquito sized insects an hour.

With these measures in place your family will probably not hear a high pitch hum in the ear this summer. The mosquitoes will find a better location than your home for their next meal.

### For more learning and resources:

- 1 Duke University Medical Center (2002, May 2) DEET Brain Effects in Animals, Warrant Caution
- 2 Beyond Pesticides Fact Sheet: Children and Pesticides Don't Mix, Debra Lyn Dadd: About Natural Mosquito Relief, [www.1001nets.net](http://www.1001nets.net), cotton mosquito nets from Australia
- 3 Bug Off Toll free number to order: 877-985-2695

## Information to Educate yourself about the Glade Road Roundabout

For the last 10 months, the BMHA Board has been sharing information with our neighborhood about the City of Colleyville's plans for the Glade & Pool/Jackson intersection. It is our plan to continue sharing information in an effort to prepare our residents for the addition of the proposed roundabout, so that you may make your own decision regarding this proposal. The Engineering and Surveying Company of Baird, Hampton and Brown, Inc has provided two links to useful videos for educating the residents on navigating roundabouts by motorists and pedestrians.

<http://www.youtube.com/watch?v=MywmtskFiil>

<http://www.youtube.com/watch?v=Y05qGz5B1Wg>

Questions or concerns can be directed to, The Director of Public Works, Steve Chutchian, who was the City's representative who appeared on stage at the public meeting, held the last week in April. His email address is: [chutchians@ci.colleyville.tx.us](mailto:chutchians@ci.colleyville.tx.us)

## Recipe of the Month:



### Blueberry Muffins

#### Blend:

1 stick oleo	1/2 cup wesson oil
1 3/4 cup sugar	2 eggs
1 1/2 T. Butavan	

#### Combine:

3 cups flour	1 T. baking powder
1 tsp. soda	

Add alternately to the first mixture with 1 cup buttermilk.  
Stir in 1/2 can canned blueberries (drained) plus 6 T. juice.  
Bake in muffin tins at 350° for 20 minutes.

*If you would like to submit YOUR recipe  
email it to [articles@peelinc.com](mailto:articles@peelinc.com).*

## Quality PRINTING COMPANY



BUSINESS FORMS  
NEWSLETTERS  
FLYERS  
ENVELOPES  
LETTERHEADS  
NCR SNAP APART  
FORMS  
RUBBER STAMPS  
BUSINESS CARDS

*Solving all your printing needs.*  
**1-888-687-6444 ext. 24**



## SOUTHWEST AIR CONDITIONING & PLUMBING, INC.

EST. 1979

We are your local  
A/C - Heating  
and Plumbing Co.

Call us at

**817-379-6115**

www.southwest-ac.com  
(817) 379-6115

**SOUTHWEST**  
A/C & PLUMBING, INC.



**\$25 OFF**

ANY PLUMBING OR AIR CONDITIONING SERVICES  
NOW OFFERING ENERGY EFFICIENT WINDOWS  
AND LIFE TIME GUARANTEE ON WATER HEATERS.



Turn to the Experts.

# Brook Meadows



## Texas Events - June

**1, 8, 15, 22, 29—MESQUITE:** Mesquite Symphonic Band Begins at 7:15 p.m. Westlake Park. [www.mesquitesymphonicband.org](http://www.mesquitesymphonicband.org) 972/216-8125

**1-27—DALLAS:** New Works Festival 2009 plus Staged Readings & Pup Fest Features the winner of their national new play competition, which is a timely comedy about fame, fortune and compromise. Includes seven staged readings of chosen plays and Pup Fest, an afternoon of short plays. Kitchen Dog Theatre. 214/953-1055

**1-28—DALLAS:** Tall in the Saddle: Cowgirls, Ranch Women & Rodeo Gals Includes 75 black-and-white photographs, by Ann P. Meredith, of women working on the range, roping steers at the rodeo, and relaxing at home and on the land. The Women's Museum: An Institute for the Future, Fair Park. [www.thewomensmuseum.org](http://www.thewomensmuseum.org)

**1-29—MESQUITE:** Art Exhibit by Cecelia Thurman Mesquite Arts Center Main Gallery, 1527 N. Galloway. [www.mesquiteartscenter.org](http://www.mesquiteartscenter.org) 972/216-6444

**1-Jul. 12—DALLAS:** Tending the Afterlife: Chinese Tomb Art from the Neolithic Period to the Ming Dynasty In addition to the intrinsic artistic merit, the diverse works of art in the exhibition document important details of daily life. The Trammell & Margaret Crow Collection of Asian Art. [www.crowcollection.org](http://www.crowcollection.org) 214/979-6430

**1-Jul. 25—SOUTHLAKE:** Masterworks Music Series Listen to some of the area's greatest talents including The Killdares, Zach King and more. Southlake Town Square. [www.SouthlakeParksandRec.com](http://www.SouthlakeParksandRec.com) 817/748-8019

**1-Aug. 23—COLLEGE STATION:** Beyond the Moon: NASA's Continuing Mission Exhibit The museum, in partnership with the LBJ Presidential Library and NASA's Johnson Space Center Houston, will tell the story of America's exploration into the final frontier. George Bush Presidential Library & Museum. [bushlibrary.tamu.edu](http://bushlibrary.tamu.edu) (no www) 979/691-4069

**1-Sep. 19—FRISCO:** Farmer's Market Offers fresh produce, fruits and vegetables, along with pasture-raised beef, pork, lamb and chickens. There also are craft vendors. Frisco Square. [www.friscofarmersmarket.com](http://www.friscofarmersmarket.com)

**1-Oct. 3—LEWISVILLE:** Old Town Lewisville Farmers Market Hours are 8 a.m. to 2 p.m. Saturdays. Old Town Lewisville. [www.cityoflewisville.com](http://www.cityoflewisville.com) 972/219-3401

**1-Oct. 17—GRAPEVINE:** Grapevine Market Includes handmade jewelry, home decor, quality antiques and more from 9:30 a.m. to 2 p.m. Thursdays and Saturdays. Liberty Park. [www.GrapevineTexasUSA.com](http://www.GrapevineTexasUSA.com) 817/410-3185

**1-Jul. 31—DALLAS:** A Photographer's Story: Bob Jackson & the Kennedy Assassination Features the work of former Dallas Times Herald photojournalist Bob Jackson. The exhibit highlights Jackson's perspective of those three chaotic days in November 1963. Continues through July 2010. The Sixth Floor Museum at Dealey Plaza. [www.jfk.org/go/exhibits](http://www.jfk.org/go/exhibits) 214/747-6660

**4-27—PLANO:** Days of Wine & Roses This is the unfiltered exploration of a love triangle between two people and booze. Cox Building Playhouse and Courtyard Theater in Plano. [www.roverdramawerks.com](http://www.roverdramawerks.com)

**5-6, 12-13, 19-20, 26-27—GRANBURY:** Nostalgia Concerts Costumed and choreographed live music productions from the golden age of rock 'n' roll. Granbury Historic Square. [www.granburylive.com](http://www.granburylive.com) 800/989-8240 or 817/573-0303

**5-6, 12-13, 19-20, 26-27—MESQUITE:** Mesquite Championship Rodeo Includes bull and bronco riding, roping, steer wrestling, barrel racing, chuck-wagon races, kids calf scramble, cowboy poker, petting zoo and more. Begins at 8 p.m. Resistol Arena at Rodeo Center. [www.mesquiterodeo.com](http://www.mesquiterodeo.com) 972/285-8777

**5-7, 11-14, 18-21, 25-28—SHERMAN:** Camelot [www.scptheater.org](http://www.scptheater.org) 903/892-8818

**5-7, 12-14, 19-21—BRYAN:** The Producers Begins at 7 p.m. Presented by The Theatre Company. [www.theatrecompany.com](http://www.theatrecompany.com) 979/779-1302

**5-Jul. 11—CLEBURNE:** Plaza Theatre Company Presents Singin' in the Rain 111 S. Main. [www.plaza-theatre.com](http://www.plaza-theatre.com) 817/202-0600

**6, 13, 20, 27—ADDISON:** Symphonic Saturdays Includes ensembles from the Richardson Symphony Orchestra and Dallas Wind Symphony. Esplanade Park. [www.addisontexas.net](http://www.addisontexas.net)

**6-Jul. 11—ROUND TOP:** International Festival-Institute at Round Top Features the Texas Festival Orchestra. Offers chamber music concerts with international faculty members and young artists. [www.festivalhill.org](http://www.festivalhill.org) 979/249-3129

**16-Aug. 11—BELTON:** The Inspired Line Features an astonishing

*(Continued on Page 5)*





# Brook Meadows

## Texas Events - (Continued from Page 4)

exhibition of prints by the extraordinary artists Albrecht Durer and Rembrandt van Rijn. Looks at how two different masters created the same biblical themes with extraordinary differences. Bell County Museum. 254/933-5243

**23-27—ELGIN:** Western Days Features parade, dance, arts & crafts, carnival, softball, volleyball and horseshoe tournaments, music and more. Elgin Memorial Park. [www.elgintx.com](http://www.elgintx.com) 512/285-4515

**23-28—FORT WORTH:** Casa Manana Presents Dame Edna — Live & Intimate! Bass Performance Hall. [www.casamanana.org](http://www.casamanana.org) 817/332-2272

**23-Jul. 5—DALLAS:** Chitty Chitty Bang Bang Musical includes sensational sets, stunning special effects and an irresistible story the whole family will love. Music Hall at Fair Park. [www.fairpark.org](http://www.fairpark.org) 214/565-1116

**27—WACO:** Kids Zoobilee Includes games, crafts, face painting and more. Designed for kids, ages 2 to 12. Hours are 5 to 6 p.m. Patron party is 6 to 8 p.m. Cameron Park Zoo. [www.cameronparkzoo.com](http://www.cameronparkzoo.com) 254/750-8400

**27—WAXAHACHIE:** Cow Creek Classic Bike Ride [www.cowcreekcountryclassic.com](http://www.cowcreekcountryclassic.com)

**27-28—FORT WORTH:** Summer D/FW Collector Car Swap

Meet Features more than 2,000 spaces with hundreds of cars and thousands of parts. LaGrave Field. [www.deanearhart.com](http://www.deanearhart.com) 254/751-7958

**27-28—ROUND TOP:** Summer Antiques Show Includes a wide variety of exhibitors with antiques, collectibles and treasures galore. Big Red Barn. [www.roundtoptexasantiques.com](http://www.roundtoptexasantiques.com) 888/273-6426 or 979/249-4042

**28—BRYAN:** Wine Appreciation Class Messina Hof Winery & Resort. [www.messinahof.com](http://www.messinahof.com) 979/820-1238

**28—DALLAS:** Fantasies from the Far East Part of the Dallas Symphony Orchestra Family Concert Series. Morton H. Meyerson Symphony Center. [www.dallassymphony.com](http://www.dallassymphony.com) 214/692-0203

**30-Jul. 5—ATHENS:** Heritage Morgan Horse Classic Henderson County Fairpark Complex. 903/677-6354

**30-Jul. 18—CLIFTON:** Sharon Standridge One-person art show and exhibition. The Bosque Conservatory. [www.bosqueconservatory.com](http://www.bosqueconservatory.com) 254/386-6049

*Texas Events has been published with the permission of the Texas Department of Transportation. All events are taken in part from the Texas Events Calendar. All dates for events were correct at the time of publication and are subject to change.*



**ONE**  
SPECIALTY  
CONCRETE • EXTERIORS • POOLS

\*One Specialty would like to invite you to take advantage of a FREE estimate.

\*Contact us today to discuss your next home project.

\*Financing options available.

\*NEW SERVICE: chandelier and window cleaning.

-Swimming Pools  
-Water Features  
-Arbors/Pergolas  
-Retaining Walls  
-Decorative Concrete

-Landscape & Architectural Design/Build  
-Outdoor Living Areas (Fire Place & Pits)  
-Patios & Foundations  
-Home Remodeling & Add-Ons  
-Kitchen & Bathroom Remodeling

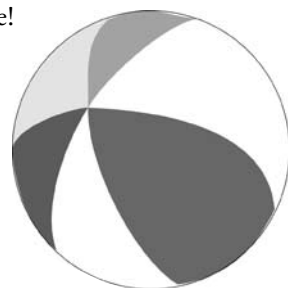
**817.410.1227**  
[www.OneSpecialty.com](http://www.OneSpecialty.com)

# Brook Meadows

## Eight Water Safety Rules for a Safe Summer

*Submitted by Lynn Neillie*

1. Always have a pool gate around home pools. This includes having a locked and securely fastened gate that is not accessible to little ones.
  2. Continuously educate children on water safety. This is a great thing to do at home, on the boat, at the pool, wherever there is water. Each time you are getting your little one ready for a swim session or water play, go over the rules of water safety. Repetition is key with small children. Make sure your swim instructor incorporates a "Safety Lesson of the Week" into its lesson curriculum. This includes questions about water safety and how to avoid dangerous situations.
  3. Designate a "Water Watcher." This is a responsible adult who sticks to alcohol-free beverages during swim time and who is in charge of keeping both eyes on the pool while it is in use. Or, better yet: consider renting a Lifeguard for your party or group event.
  4. Remove all pool toys, floaters, ring buoys and other child-enticing items from the pool area when it is not in use. One wrong reach for that floating rubber ducky could be disaster.
  5. Clear homes of common household items that can be dangerous to a curious toddler. It takes just 2 inches of water for a child to drown in a bucket. Put all mop buckets, dog dishes and coolers out of children's reach.
  6. Never leave a young child in the pool or bathtub--even "just to get the phone."
  7. Enroll your child in swim classes. Start lessons early. The longer a child has lessons the more they understand water safety. A great time to do this is in the spring! This way your kids are already prepped and ready to roll for the summer swim season. You'll want to find an inside heated pool and lesson times geared towards working families.
  8. Supervise, Supervise, Supervise!  
Try to have your eyes on your children in and around the pool at all times. Adults should always be present when any child is in the pool area.
- Let's help our kids love the water while also respecting it by being safe and well-trained at all levels.



## Peel, Inc. Printing & Publishing

Publishing Community Newsletters Since 1991

We currently publish newsletters for the following subdivisions:

### -- Dallas/Fort Worth --

Brook Meadows  
Eldorado HOA  
Estates of Russell Creek  
Hunter's Glen  
Timarron  
Waterford Park  
Woodland Hills



Kelly Peel, Sales Manager  
kelly@PEELinc.com • 1-888-687-6444

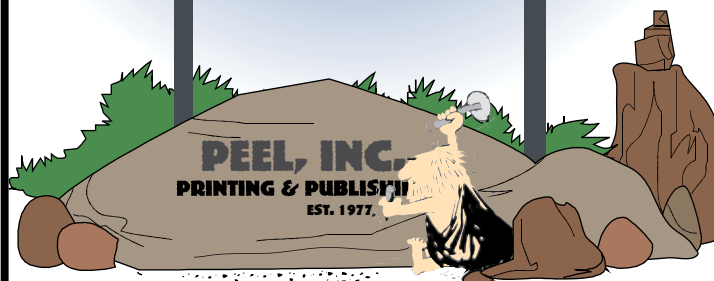
**1-888-687-6444**

**www.PEELinc.com**

**ADVERTISE HERE**

**512-263-9181**

**www.PEELinc.com**





## Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at  
Peel, Inc. - Kids Club  
311 Ranch Road 620 S, Suite 200  
Lakeway, TX 78734

We will select the top few and post their artwork online at [www.PEELinc.com](http://www.PEELinc.com). DUE: June 30th

Be sure to include the following so we can let you know!

Name: \_\_\_\_\_  
(first name, last initial)

Email Address: \_\_\_\_\_

Age: \_\_\_\_\_

[This information will only be used to notify you or your parents if your artwork was selected.]



BM



**Peel, Inc.**

311 Ranch Road 620 S. Ste 200  
Lakeway, TX 78734-4775  
www.PEELinc.com

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

BM



*Nancy Dennis & Associates*  
**817-992-7889**  
Nancy.dennis@cbdfw.com  
www.NancyDennis.com



*Nancy Dennis & Associates*  
**VOTED BEST D 2006** **VOTED BEST D 2007**  
*Selling Homes of Distinction*

**June 2009**  
**Brook Meadows by Nancy**

4514 Shadywood Lane  
\$689,000 - Beautifully Updated  
Lake Lot/ Over 3 Acres



*When you want guaranteed results, don't hesitate to call Nancy Dennis.*  
*"Selling Homes of Distinction like Yours throughout Colleyville"*

 **Voted "D" Best again for 2008**  
**4th Year in a Row.**  
DALLAS/FORT WORTH