



Brook Meadows Messenger

The Official Publication of the Brook Meadows Homeowner's Association

Volume 5, Number 1

www.brookmeadows.org

January 2010

SOCIAL EVENTS

JANUARY 26 AT 6:30

LAST TUESDAY

TIVOLI WINE BAR IN
COLLEYVILLE TOWN
CENTER

FEBRUARY 23 AT 6:30

LAST TUESDAY

BELISIMOS ON HWY 26

MARCH 30 AT 6:30

LAST TUESDAY - TBD

NOT RECEIVING THE BMHA E-MAIL BLASTS?

*Try These
Two Steps:*

1. In your email account set up, make both directors@brookmeadows.org and social@brookmeadows.org as approved senders
2. Go to www.brookmeadows.org home page and fill out the "E-MAIL ADDRESS - CLICK HERE" link



Welcome TO TWO NEW HOUSEHOLDS

4514 SHADYWOOD has new residents as of December. Larry Nolan and Andrea Durkey have spent several months renovating their new property. Larry owns Southwest Vault Builders (cold storage warehouses) and Andrea works for The Dump in sales and interior decorating. Frankie is a junior at Grapevine High School. Larry is from the local area and Andrea was born in Boston but grew up living all over the country. Larry is an avid golfer and fisherman while Andrea is an accomplished pianist and loves tennis and gardening. They enjoy entertaining, travel, vino, and have jumped right into our social scene. The uniqueness of Brook Meadows and the privacy of their lakeside lot convinced them they had found the ideal new address.

4900 GREEN OAKS is the new residence of the Cobb family. Moving to Colleyville from North Dallas, the native Texans felt the location of our Brook Meadows is excellent as are our schools. They also were attracted by the size of our lots, the small neighborhood and all the mature trees. Michael is the president of Diamond H, a business that provides recognition and rewards programs for fortune 1000 companies across the U.S. Kristin is a free lance graphic designer and loves to ski, fish, and paint. Michael races his modified Audi TT in the SCCA (Sports Car Club of America) every month. Sophomore Cody is working on an art degree at Collin County Community College. Jared is a freshman at Colleyville Heritage and is active in the theater and choir. Ryleigh, their 6 year old daughter, is in first grade at OC Taylor and loves dancing. They will be remodeling the house and backyard for the next few months.

ASSOCIATION INFO

Brook Meadows Homeowners Association, Inc.

PO Box 492 • Colleyville, TX 76034

Please visit our website often: www.BrookMeadows.org

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President - Ricky Stephenson 817-545-2367

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At Large Member - Shelley Haaker..... 817-540-1501

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NEWSLETTER INFO

PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181

Advertising.....advertising@PEELinc.com, 512-263-9181

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Please support the businesses that advertise in the Brook Meadows Community Newsletter. Their advertising dollars make it possible for all Brook Meadows residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 1-888-687-66444 or advertising@PEELinc.com. The advertising deadline is the 20th of each month for the following month's newsletter.

CLASSIFIED ADS

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Brook Meadows residents, limit 30 words, please e-mail erc.editor@yahoo.com

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

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View the current issue of the Brook Meadows
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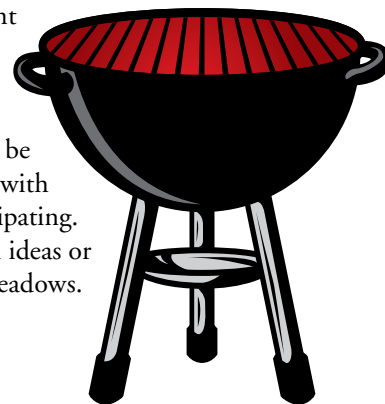
SOCIAL COMMITTEE

2009 Report

It's been a very successful 2009 on the social front at Brook Meadows HA; true to the mission of the Social Committee, many new friends have been made. Our flagship effort - Last Tuesday - has really gained traction, and we had a simply spectacular one at Boomer Jack's in last September. The annual parties have continued to grow, including the October party at the Sweeney's, a great turnout for the Halloween parade, as well as strongly attended Christmas events including the Ladies Ornament Exchange at Susan Wilson's, and the Christmas Party at the Dennis's. Our May party at the home of the Godfrey's was also huge, plus we kicked off a new event called the Cool Car B Q, a Sunday ride in our cool cars to appropriate eating establishments! We also managed to squeeze in two garage sales! Busy? Yah You Betcha!

For 2010, we start our Last Tuesdays by going indoors for awhile. Tivoli Wine Bar will host our first get together in January, followed by a neighborhood fave - Bellissimo's in February. Crazy ideas continue in our social think tank too, with a neighborhood BBQ cook-off being considered, as well as a Show Us Your Backyard walk-a-round event being given serious consideration, since our backyards are for the most part just really cool here in Brook Meadows. That would be like a Saturday open house thing, with balloons marking the homes participating. And golf? Please send any and all ideas or endorsements to social@brookmeadows.org. And let's have a great 2010!

Social....out!



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You can get information about your service or products to every home in Brook Meadows, by running a business classified in the Brook Meadows Community Newsletter. It is a great way to get your name and contact information to many potential customers in your neighborhood. The cost is \$50 for up to 40 words. Display ads are also available. For more information, please contact Peel, Inc. at 888-687-6444 or advertising@PEELinc.com. The deadline is the 20th of each month for the upcoming month's newsletter.

BROOK MEADOWS

Happenings

HOLIDAY DECORATIONS

Weren't they just lovely this year?! So many houses lit up and wrapped up with bows and garland and yard decorations. It was nearly impossible to pick a favorite, as around every corner and down every street we drove we were dazzled by your contributions to making the Holidays Merry and Bright. In the end, 6 homes were chosen to receive yard signs and three also received gift certificates of appreciation.

2010 BMHA FITNESS WALKERS

Nothing like a brisk walk with good neighbors to start the day! Barbara Francis will be organizing walking groups. She heard from some of you over the holidays, a few prefer to walk early, before work, and others prefer mid morning. E-mail Directors@BrookMeadows.org and let us know your preferences, so Barbara can set the times most suited for those responding and then we will be sending out e-mails with the details.

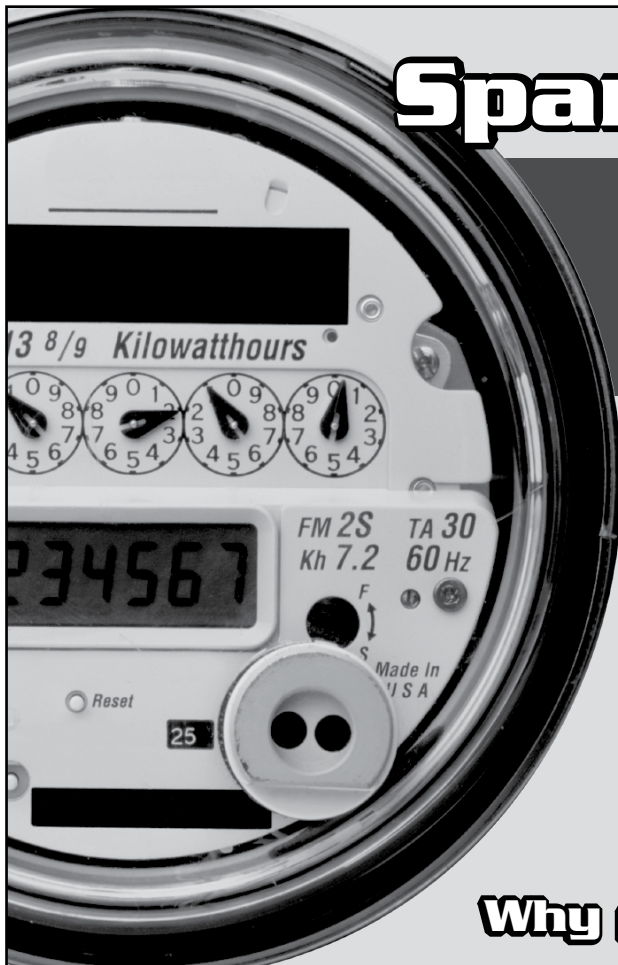
Meet Lisa

*Submitted by Tracy Eilers, Executive Director,
Adoption Coalition of Texas*



Lisa is a 13-year-old girly girl. She loves to be pampered and is a people person. She is very outgoing, energetic, loving, and kind. She counts singing and dancing among her favorite things and loves to keep busy. Lisa looks to learn from all her experiences and move forward with her life. She is a joy to be around, is funny, sweet, and grateful for all that she's been given. She's hoping there will be more things to be thankful for, like being adopted into a loving family. More than anything, she's ready to stop hoping for a family and to start loving one. For more information about adoption, please call Adoption Coalition of Texas at 512-301-2825. For more information about Lisa, email gracelindgren@adopttexas.org

The Adoption Coalition of Texas is a nonprofit organization (operating under the Austin Community Foundation), created in 2003 to focus on finding forever families for children languishing in the foster care system. Adoption Coalition of Texas partner agencies include Arrow Child and Family Ministries, Child Protective Services, Lutheran Social Services of the South, Marywood Children and Family Services, and Pathways Youth and Family Services.



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HAVE YOU GOOGLED LATELY?

Submitted by Laurie Scott

Google is best known of course for its search engine (with 65% of the market no one is even close), and perhaps you're also a user of gmail, Google's free email service, but did you know that Google also offers everything from photo editing to telephone services for free? ***The list is too long to cover everything here, but here are a few highlights you might be interested in:***

- **PICASA** - This is a very easy to use photo editing program that can do everything from correcting color, contrast and saturation with a single click to automatically finding the "red" in the red-eye in your photos.
- **GMAIL** - With gigabytes of free storage that grows everyday, gmail is a great email alternative. With an excellent junk mail filter and superfast searches of all your messages, it is worth taking a look at.
- **GOOGLE DOCS** - Looking for a free alternative to a locally installed office productivity suite, Google Docs offers what most people need through your web browser, including a word processor, spreadsheet and presentation manager.
- **GOOG-411** - Hate paying a dollar or more just to dial 411 from your cell phone? Next time dial 1-800-GOOG-411 (800-466-4411) and forget those high cell-phone fees.
- **CALENDAR** - Google Calendar makes it easy to sync all your calendars together and share events with your friends. It can work



alone or with most mail clients on your computer and cell phones.

- **GOOGLE VOICE** - How about one phone number for the rest of your life? With Google Voice you can get a free phone number that when called, will ring one or several phones of your choice at the same time, take messages and then forward a transcript via SMS to your cell phone. You can listen to your messages on the web, and

even place calls from your browser. You can also have customized voice mail greetings depending on who is calling you.

- **Blogging** - Have something to say and want your own place to say it, then you want Blogger. If it's interesting to you, then publish yourself for nothing more than the time it takes you to write.
- **GOOGLE HEALTH** - Store your family's medical records securely online, making it easy to share with your doctor or other physician when necessary
- **GOOGLE EARTH** - Take a look at the neighborhood where you grew up, or maybe the home where friends overseas live. With Google Earth you can tour the world from your computer.

Google encourages its employees to take a certain amount of time to work on projects they find interesting, which is where a lot of Google's products come from. You can bet there will be more to come in the next year.

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4 Homes Sold in Recent 12 Months in Brook Meadows
Priced from \$436,125-\$649,500
Average Days on Market = 103
Average Price per Sq. Ft. = \$122.64
Sales Ratio to List Price = 98% Avg



Happy New Year!

2010

January 2010



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\$469,000

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*Statistics from Netreis December 2009

HEALTH BRIEFS

Baylor College of Medicine

DON'T LOSE SLEEP OVER NIGHTTIME BED WETTING

Giving children control over bed wetting helps them overcome not only the nighttime nuisance but also the stigma of it, say doctors at Baylor College of Medicine.

"Because studies have yet to identify the cause of nighttime bed wetting, no one treatment is guaranteed to work for everyone. Nevertheless, the course of action with which the child is most comfortable tends to produce the best outcome," said Dr. Edmond T. Gonzales, Jr., professor of urology at BCM. "With parents' support, giving children an active role in treatment builds confidence."

Some of the treatment options include prescription medications. One commonly used medicine makes the body react as if dehydrated so the kidneys retain liquids overnight. Another treatment involves an alarm system worn in pajamas that sounds when it becomes wet.

More commonly, doctors suggest parents limit the amount of liquids children drink in the evening and schedule a bathroom break before bed. Gonzales said family doctors can help rule out any major health problems that could be contributing to bed wetting before discussing the many options.

CELL PHONE USAGE MAY SEND WRONG MESSAGE

If you roll your eyes when people are chatting away on their cell phones in a public place, you're not alone. According to an expert at Baylor College of Medicine, public cell phone use may show disrespect and impede social interaction.

"Depending on the situation, cell phone use can be problematic," said Dr. Catherine Barber, assistant professor in the Menninger department of psychiatry and behavioral sciences at BCM. Talking on your cell phone at social events conveys that other people's time is not as important as yours. Loud cell phone talk can intrude on others' privacy and need for quiet, and it can even make people feel uncomfortable.

Romero suggests talking quietly if you must use the phone, or excusing yourself to take a call and making it brief. She suggests not accepting non-urgent calls. It's important to be mindful and respectful of others around you, said Romero. If someone around you is disturbing you with their cell phone conversation, Romero suggests gently approaching them and asking them to reduce their volume. It's important to convey that you are not angry. If they refuse, remove yourself from the situation.

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